

LEVEL 1 CPD COURSE – CLUBGOLF STAGE 2

Introduction

This Level 1 CPD course has been designed to provide qualified Level 1 golf coaches with further coaching knowledge so that they are able deliver Stage 2 of the clubgolf coaching programme.

This CPD day has been designed and developed by the PGA in response to a need identified by the clubgolf team. This course is not a qualification and does not contain any assessment elements, but attendees will need to demonstrate clear understanding in each area covered in order to be considered able to deliver the clubgolf Stage 2 programme.

Course content

The course begins with the emphasis being placed on the new skills that will complement and enhance the skills learnt on the Level 1 course. On Level 1 the key 'how to coach' skills were:

- Creating a Fun session
- Safety
- Organisation
- Instruction & Explanation
- Demonstration
- Observation
- Analysis & Comparison
- Feedback

In this CPD session coaches will learn about:

- Questioning
- Listening skills
- Developing observation
- Developing analysis

Alongside these skills they will be given more golfing knowledge to aid their overall ability to effectively analysis a golfer and their performance. This will be supplied through new knowledge of:

- Ball flight & ball flight laws
- Basic motion analysis – what the impact factors look like in motion
- Static analysis - how the set up affects the ball flight

The session would be set along the following guidelines:

- At the start of a session a coach starts by **questioning** the player about a multitude of things relevant to their performance
- They need to **listen** to the answers to develop an overall picture of the players needs
- As well as asking questions, **observations** of **ball flight** must be made as well as observations on **static positions** and the **basic swing motion**
- These skills will help the coach when delivering the Stage 2 programme to players with developing skills



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Pre-course requirements

In order to be eligible for this course a coach must:

- Have obtained a Level 1 coaching qualification
- Have delivered and logged at least 10 hours of the clubgolf Stage 1 programme

Pre-course reading

Once registered on the course coaches will be sent a document containing supporting information for the course. This will be reference throughout the CPD day so coaches should familiarise themselves with the content prior to attending the course. Coaches should also review the Coaching 'Key' Cards used in the Level 1 course as these will also be referred to throughout the CPD day.

Cost

The cost of the CPD course in 2009/2010 will be £100 (inc. VAT). Lunch is not included. Cheques to be made payable to "PGA Ltd".

Tutor/Coach ratio

The maximum tutor/coach ration is 1:10. A course must always be run with 2 tutors due to the practical nature of the course. The minimum number of candidates required to ensure the course is viable is 14.

Certification

All coaches will receive a certificate of attendance for the event. This course is not a qualification.

Pathway to Level 2

Attendance at this course does not guarantee progression on to the Level 2 qualification. The aim of this CPD day is purely to enable attending coaches to deliver Stage 2 of the clubgolf programme.

The Level 2 qualification is an in-depth, high level qualification for coaches wishing to progress to leading, planning and reviewing individual coaching sessions to developing golfers. Any coach choosing to progress onto the Level 2 qualification will be given recognition that they have previously attended this CPD day and may be exempt from attending some taught elements of the course.

It should be stressed that the Level 2 qualification requires significant understanding of the Ball Flight Laws and the ability to apply these when observing and analysing players.

